

## HEALTHWAY MEDICAL DIRECTORY

### GENERAL PRACTICE

Healthway Medical Group	
Admiralty	6364 7450
Airport Terminal 3	6822 2283
Alexandra	6276 1605/6
Anchorvale	6312 3106
Ang Mo Kio Ave 1	6553 0100
Ang Mo Kio Ave 10	6451 6558
Ang Mo Kio Central	6455 4629
Bedok North	6441 0236
Bedok South	6241 6831
Bukit Batok	6567 9881
Bukit Timah	6314 4741
Bukit Panjang	6769 0600
Choa Chu Kang Ave 3	6892 6330
Choa Chu Kang St 51	6762 2555
Choa Chu Kang MRT	6892 9253
Compassvale Link	6343 8770
Holland Drive	6778 9793
Hougang Point	6388 0339
Hougang Mall	6343 7620
Jurong Tuas	6791 5680
Jurong West	6792 1812
Kaki Bukit	6846 0545
Kembangan	6749 4062
Lor Ah Soo	6284 9692
Novena	6352 8696
Pasir Ris	6584 6822
Punggol	6315 3493
Sembawang Sunplaza	6555 1445
Sembawang Drive	6555 6674
Sengkang	6881 2689
Shenton Way	6220 2383
Tampines St 71	6260 9081
Tampines Central	6789 0383
Tanjong Pagar	6227 5841
Tiong Bahru	6884 8586
Toa Payoh Central	6255 3773
Toa Payoh Lor 1	6354 1220
West Coast	6774 5901
Woodlands	6364 9661
Yishun Ave 11	6753 7626
Yishun Central	6755 1345

### HEALTH SCREENING CENTRE

Novena	6238 2290
Shenton 8	6227 5841

### SILVER CROSS

Holland Village	6462 2818
Jurong West	6899 2141
Marsiling	6363 3646
Serangoon Central	6287 8702
Upper Bukit Timah	6875 1191
Yishun Central	6759 9181

### NEUGLOW THE AESTHETICS DOCTORS

OUB Centre  
1 Raffles Place #05-09  
T. +65 6536 3636

Chinatown Point  
133 New Bridge Road #04-19  
T. +65 6538 0000

Novena Square 2  
10 Sinaran Drive #04-44  
T. +65 6397 2555

Novena Medical Center  
10 Sinaran Drive #10-35  
T. +65 6397 2552

### DENTAL

Aaron Dental Group	
138 Robinson Road	6220 7853
110 Robinson Road	6323 2353
Holland Village	6466 7313
Holland Drive	6777 4333

Universal Dental Group	
Toa Payoh Central	6259 2341
Braddell	6255 6520
Woodlands	6363 1669

Popular Dental Group	
Woodlands	6365 8110
Choa Chu Kang	6769 5833
Serangoon Central	6286 0204

### BABY & CHILD

The Paediatric Centre	
Thomson	6256 3291
Thomson (Child Dev)	6397 6627
Bishan	6453 3933
Tiong Bahru	6276 5700
Rivervale Plaza	6875 3927

SBCC Clinic	
Gleneagles Medical Centre	6235 6706
Mount Elizabeth Hospital	6732 2292
Thomson Medical Centre	6252 6115
Mount Alvernia	6354 1922
Ang Mo Kio Central	6456 8874

### ORTHOPEAEDICS

Island Orthopaedic Consultants	
Gleneagles Medical Centre	6474 5488
Mount Elizabeth Hospital	6737 5683
Mount Alvernia	6356 0588

### ISLAND SPORTS MEDICINE & SURGERY

Gleneagles Medical Centre	6479 8998
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### SPORTSMED CENTRAL

Gleneagles Hospital	6479 6822
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### TRADITIONAL CHINESE MEDICINE

Healthway TCM Clinic	
Braddell	6255 6116

### NEUGLOW MEDICAL HAIR CENTRE

Mandarin Gallery  
333 Orchard Road #04-19  
T. +65 6836 4419

### NEUGLOW DENTAL WHITE CENTRE

Novena Medical Center  
10 Sinaran Drive #10-04  
T. +65 6397 2485

**NEUGLOW**

www.neuglow.com  
enquiry@neuglow.com

NEUGLOW

FACE  
BODY  
HAIR

Service Booklet

## WELCOME TO NEUGLOW

NEUGLOW houses the following brand and services:

NEUGLOW The Aesthetic Doctors

NEUGLOW Medical Hair Centre

NEUGLOW Dental White Centre



NeuGlow excels at providing the latest non-invasive, non-surgical cosmetic procedures. We believe that our patients deserve the most comfortable, safe, and painless treatments, with results that are

as close as possible to cosmetic surgery. Our staff is dedicated to making your experience as comfortable and enjoyable as possible. Every treatment takes advantage of the latest techniques in therapeutic skin care to provide you with effective results with little or no recovery time. We believe that each patient can, and should, expect to receive cosmetic improvements in a relaxed, professional setting, with no interruption to their busy lifestyle.

We specialize in the latest non-surgical cosmetic techniques, providing our clients with the transformative cosmetic results they desire in a professional and comfortable environment. Our treatments are designed to give you superior results without significant pain, risks or recovery time.

Those considering more invasive surgical procedures can be assured that we invest in improving our techniques and using the latest technology. We strive to keep ourselves educated and trained to use the latest advancements. Developments in technique enable safer, more advanced and faster procedures when used with the latest advancements in technology.

Whatever your beauty needs, we can bring you the very best results with surprising comfort and convenience.

## ABOUT NEUGLOW

### The Aesthetics Doctors

NeuGlow The Aesthetics Doctors, pioneers in the field of medical aesthetics, have been bringing a higher quality of treatment to you for more than 10 years. Be it the face, skin or body, NeuGlow delivers maximum benefits with minimal discomfort.

One of Singapore's most trusted medical aesthetics brand, NeuGlow has one of the largest patient bases in the country, all under the care of our team of doctors and registered nurses. NeuGlow outlets are all easily accessible and well equipped with facilities and machines required for exclusive treatments which are tailored to individual needs.



### NEUGLOW

*One of Singapore's most trusted medical aesthetics brand*

## HEALTHWAY

### Medical Corporation Limited

Healthway Medical Corporation Limited is one of Singapore's largest private outpatient medical service providers. It offers quality healthcare services across the medical value chain in family medicine, dentistry, paediatrics, orthopaedics, sports medicine, aesthetic medicine, TCM and healthcare benefits management.

Our Group operates 11 medical practice groups, comprising more than 80 clinics. Each medical practice group has an established brand presence and has its own medical specialization.

For more information, please visit our website at [www.healthwaymedical.com](http://www.healthwaymedical.com)

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Footnote: All contents offered are for information and description only. It is never intended as a medical advice, and is without warranty; non assumptit; and without prejudice. It does not replace a formal consultation with a medical doctor qualified in providing the services.

## Micro-BOTOX®

*Smooth, flawless skin... just like the models in magazines.*

Micro-BOTOX® treats the finer, smooth muscles which are responsible for pore size, as well as oil and sweat production. It is also capable of reversing the inflammatory process that causes acne. As a result, skin appears smoother with a subtle "face-lift" effect which lasts for about 4 months.

With a small 30G needle, minute amounts of BOTOX® are injected superficially, all over the face. The process is almost painless, and most patients cope well with the pre-procedure "ice" treatment that numbs the treated area. There is no downtime involved.

Wow the crowd with a matt, poreless-looking face with Micro-BOTOX®.

### CAN I HAVE A MICRO-BOTOX® TREATMENT WHILE GOING THROUGH OTHER FACIAL TREATMENTS?

Yes, Micro-BOTOX® can be done on the same day as most other treatments.



## Blue Peel / Chemical Peel

*Peel away the effects of sun exposure, acne scars, damaged and dull skin.*

Our skin is exposed to damaging elements such as sunlight, dirt and pollutants daily, especially so for city dwellers. Chemical peels and Blue Peel are wonder methods to achieve bright, smooth skin within a relatively short time. By “peeling off” dead skin layers, it promotes the growth of new skin cells, resulting in smoother, clearer, younger looking skin.

In comparison to Chemical Peel, Blue Peel takes the procedure one step further as it allows the doctor to tailor the depth of the peel to suit your specific need.

The process takes about 20 minutes, and cold air can be applied to minimize any burning sensation experienced during the treatment. Light swelling usually occurs after the treatment, followed by the peeling of your skin. It takes an average of 7 to 10 days for full recovery.

Be surprised by the great skin you have hidden under the surface. Reveal it with a peel at NEUGLOW.

### CAN I APPLY MAKEUP AFTER A BLUE PEEL TREATMENT?

To ensure proper recovery, it is advisable to apply make up after the skin is completely heal.



## Blue Laser

*The miracle ray of light that puts your acne troubles to an end.*

Blue Light is a virtually painless treatment which utilizes a blue light source to kill bacteria and fry the sebaceous glands, decreasing oil production. The free radicals produced can kill acne-causing bacteria.

The procedure is gentle on the skin and with consistent treatment, it does not only clear acne, your skin would also gain a boost in defence against future acne.

Forget oral medication. Combat acne and oily skin problems with Blue Laser..

### IS THERE UV IN BLUE LIGHT THERAPY?

No, Blue Light has no harmful UV.

## Laser Skin Rejuvenation

*Smoother, healthier skin without turning back time.*

Utilising the combination of a high powered chilling blower and a laser, laser skin rejuvenation is a non-invasive and quick treatment that stimulates natural collagen production in the deep layers of your skin, resulting in smoother, healthier skin with virtually no downtime.

Effectively tackle fine lines, aging skin, and other common problems such as pigmentation and rough skin in one virtually painless procedure.

See the difference in a day with Laser Skin Rejuvenation.

### CAN I USE LASER SKIN REJUVENATION WITH OTHER TREATMENTS?

Yes, you may combine the treatment with other non-invasive treatments such as BOTOX®.

## **IPL® (Intense Pulsed Light)**

*Age spots, sun spots, uneven skin pigmentation... gone in a flash.*

IPL® is a non-invasive, painless treatment which utilises a broad band of intense light with wavelengths to lighten and eliminate fine facial blood vessels, freckles, age spots and Erythema. The treatment is most effective on light-skinned individuals as is based on light absorption in melanin and in haemoglobin.

Before treatment, a clear cold gel is applied to the area to ensure best possible transmission of light from the applicator to the skin. Light is then delivered to the skin's surface in precise pulses. The treatment takes about 10 to 20 minutes, with no downtime involved.

Light your way to clearer, better skin with IPL® therapy.

### **CAN IPL® THERAPY BE USED TO REMOVE TATTOOS?**

No, IPL® therapy is incapable of removing tattoos.

## **Micro-Dermabrasion**

*Deal with enlarged pores, skin roughness, and early photo-aging with an impact.*

Micro-Dermabrasion is a mild, minimally invasive superficial skin treatment which exfoliates the outermost superficial layer of skin using minute aluminium oxide crystals delivered by a compressed air delivered system through a precision hand piece. Production of collagen and elastic fibres is stimulated during the healing process. As a result, skin becomes smoother, firmer, and more radiant.

Optimum results can be achieved through a series of 4 to 8 treatments at an interval of 3 to 4 weeks, with virtually no downtime. Most people do not experience any pain during the procedure, only mild irritation.

Rejuvenate and reveal your radiance with Micro-Dermabrasion.

### **WHAT ARE THE IMMEDIATE REACTIONS AFTER THE TREATMENT?**

Treated area may feel warm & appear pinkish after procedure. It is normal to feel a slight burnt sensation.

## Ulthera™

*Don't let gravity pile the years on to your face.*

Ultherapy is a painless, non-invasive procedure which utilises ultrasound waves to rejuvenate and tighten skin to achieve a youthful, refreshed appearance. The treatment is applied with the use of the Ulthera™ System, which is capable of visualising the deep layers of skin, before tackling the problematic areas with revolutionary efficiency and accuracy.

Lifted effects can be seen after the first session, and treatments should be repeated as advised by your doctor in order to achieve optimum results. The treatment takes about 30 minutes, with no downtime involved.

Open your eyes to a fresher appearance with Ulthera™.

### HOW DOES ULTRASOUND WORK?

Low levels of heat energy are delivered below the skin, triggering slight contraction which tightens the skin. Regeneration of collagen is also stimulated.

## **Botulinum Injection (BOTOX®)**

*Hollywood's favourite anti-wrinkle secret weapon.*

Botulinum Toxic A, or better known as BOTOX® is a protein complex administered to target areas like the face and/or body to reduce muscle movements and relax hyper-functioning muscles. In doing so, facial wrinkles and frown lines can be effectively smoothed, its effects lasting 3 to 6 months.

The injection is administered by a qualified doctor, to specific groups of muscles which need to be paralysed. The procedure is minimally painful and the procedure only takes 10 to 15 minutes. Compression with a cold pack will be applied to reduce the pain, after which you can return to your daily activities as per normal.

Maximize your youthful years with BOTOX® at NEUGLOW.

### **IS THE PROCESS REVERSIBLE?**

No, the process is irreversible. However, the effects of the toxin will wear off over 3 to 6 months, and wrinkles reappear.

## Smartlipo MPX™

*Deal with those hard-to-rid fatty deposits in less time and less pain.*

As more women and men want to look and feel better about themselves, Smartlipo MPX™ continues to grow in popularity, making the most popular cosmetic surgery performed today. Using an even higher-powered laser, Smartlipo MPX™ is the newest Laser body sculpting procedure with even less down time and side effects.

Smartlipo MPX™ uses a carefully calibrated laser to liquefy fat deposits through the top layers of the skin. The laser actually ruptures fat cells, and the resulting oily, liquid substance is then removed through a suction device inserted through a tiny incision in the skin. This small laser can also seal blood vessels as it zaps fat, so there is less swelling, bleeding and bruising.

Zap your way to a trimmer, tighter body with SmartLipo MPX™.

### HOW LONG CAN THE RESULTS LAST? DOES IT HURT?

Research has shown that little, if any, fat is reabsorbed back into the body. The procedure allows patients to see faster results with fewer complications. In addition, patients are administered a local anaesthetic, allowing the patient to be awake during the procedure which offers added safety and fewer post operative complications.

## Facial Fillers

*A gentle and subtle approach to facial enhancement.*

Apart from filling in lines and wrinkles, fillers can be used on several areas on the face to enhance facial features. Some of the popular treatment areas are the lips, cheeks, chin and nasal bridge. By adding volume with facial fillers, features are being accentuated to plumper lips, defined cheekbones, a more pronounced chin, and a higher nasal bridge.

Patients experience minimal pain and downtime but he/she will be able resume activities right after treatment.

Forgo surgery; create your desired facial features with Facial Fillers.

### ARE THE ENHANCED EFFECTS PERMANENT?

No, effects vary and last 6 to 18 months.

Repeated treatments are required to maintain optimum results.



## **Dermal Fillers**

*The ultimate wrinkle and line eliminator.*

Dermal fillers are gel substances which can be applied to desired areas on the face and body to achieve immediate physical enhancement lasting 6 to 18 months. Fillers used at NEUGLOW are based on non-animal hyaluronic acid gel which is a safe, naturally occurring biocompatible substance, and are effective in treating facial lines, wrinkles and folds. The non-cross linked hyaluronic acid found in the fillers also has hydrating properties which protects the skin against aging and dehydration.

Patients experience minimal pain and downtime but he/she will be able resume activities right after treatment.

You're just a step away from looking eternally youthful with our Dermal Fillers.

### **IS THE USE OF FILLERS SAFE?**

It is perfectly safe to use. No skin pre-test is necessary as fillers are obtained from bio synthesis and of non-animal origin.

## Fractional Laser Resurfacing

*Tired of hiding those undesirable age spots, skin pigmentation, wrinkles, and scars under makeup?*

This non-invasive treatment is capable of tackling skin pigmentation, wrinkles, and even acne and surgical scars, on both the epidermal and dermal layers of your skin. With the use of a special device, our experienced doctors are able to deliver a laser beam to targeted areas for treatment, achieving improvements in skin tone and texture.

A full face treatment takes about 30 minutes or less. To minimize discomfort and irritation, a topical anaesthetic will be applied before the procedure and a cool air machine will be used during the procedure. Recovery time varies with each individual, ranging from 2 - 7 days for your skin to appear normal.

Quit hiding. Solve your pigmentation problems with Fractional Laser Resurfacing.

### HOW MANY TREATMENTS DO I NEED?

Our doctors typically recommend a regime varying from 1 to 4 treatments depending on the desired outcome, your skin condition and the level of improvement you are seeking relative to recovery time.

## Gold ThreadLift

*Improve skin colour and texture, smoothen wrinkles, restore your skin's elasticity... all with one procedure.*

This minimally invasive procedure is capable of stimulating increased production of collagen and fibroblasts by creating a fine mesh of gold thread in your skin, resulting in rejuvenated, youthful-looking skin.

Only needles are used for this procedure, under local anaesthetic, thus ensuring minimal pain and almost zero downtime. This technique can be applied to various areas on the face and body, each procedure lasting about an hour.

Indulge yourself; bask in the radiance of 99.99% 24K pure gold with our Gold ThreadLift technology.

### WHY USE GOLD?

NEUGLOW uses gold threads because of the purity, density, colour and malleability of gold. It is also safer to use as it is an inert material.

## 金丝皮肤更生法 Gold ThreadLift

改善肤色、平滑肤质、让皮肤恢复弹性…只需一种疗程就能摆平。

利用微创门诊程序将薄金丝植入真皮里刺激胶原蛋白和纤维原细胞的生产量，增进受治疗部位的新陈代谢及血液循环，从而使得皮肤恢复活力，再现青春。

整个疗程在局部麻醉下进行，并且只选用微细的针进行植入，以确保程序在几乎无痛的情况下完成。这个程序适合治疗脸部及身体的各个部位，疗程平均历时约1小时。接受治疗后，顾客可以立即恢复其正常活动。

金丝皮肤更生法 – 利用99.99%，24K纯金丝让您“焕”出新的光彩。

### 为什么要用黄金？

NEUGLOW 采用金丝是因为黄金的纯度，密度，颜色，可塑性以及惰性物质的特性使它比起其他材料更为安全。

## Radio Frequency

*For tighter and smoother skin. Renew and glow from within.*

A gentle, painless deep skin tissue rejuvenating treatment used by our experienced doctors at an optimum temperature of 42°C, Radio Frequency waves penetrate deep into the layers of skin, to stimulate collagen and elastic skin tissues, improving your natural skin texture. With improved blood circulation, your skin is healthier and more radiant-looking.

There is no down-time and hardly any side effects to the treatment, so you are ready to flaunt your fresh glow right after treatment!

See and feel the youthful glow with our Radio Frequency treatment.

### WHEN WILL I SEE THE EFFECTS?

Most NEUGLOW patients notice the difference right after a session. To enhance the effects, repeated sessions at the doctor prescribed intervals are advisable.

## NEUGLOW Teeth Whitening

*First impressions last. But so do those coffee and tobacco stains.*

The NEUGLOW Teeth Whitening treatment is suitable for anyone. The procedure is safe, and like all other NEUGLOW treatments, it is only handled by professionals. It works wonders on food, coffee, tobacco, and/or tetracycline stains, and even stains that are an after effect of orthodontic treatment.

The painless treatment takes about 1 hour, producing visible results after the first treatment. There is no downtime involved, so you are ready to charm the crowd with your megawatt smile straight after!

Add a sparkle to your smile at NEUGLOW.

### IS IT NORMAL TO EXPERIENCE ACHES AFTER THE PROCEDURE?

A very small percentage of patients may experience a minor dull "ache" following the procedure. Avoid very hot or very cold drinks for the first 24 hours if there is any tooth sensitivity.



## **VASER® LipoSelection®**

*Lost your neck, knees or chin under all that excess fat? Now you can have them back..*

Based on ultrasound, LipoSelection® is a FDA approved method to efficiently target and remove excess fat while keeping the surrounding body tissues, nerves and blood vessels minimally disturbed. A small incision is first made in the targeted area. A small patented probe which emits ultrasonic waves is then inserted to selectively break up fatty deposits; then the emulsified fats can be easily removed through the incision by massage or a gentle controlled suction device.

The incision is properly infused with a saline solution (mixed with lidocaine and epinephrine) to numb the area and shrink blood vessels to minimize bleeding and pain. Results are more precise and recovery is also faster than traditional methods of Liposuction.

Fat removal has never been more precise. Select LipoSelection®.

### **WHERE IS THIS SERVICE AVAILABLE?**

LipoSelection® is available at NEUGLOW clinics at OUB Centre and Novena Medical Centre.

## VASER® LipoSelection®

您的颈项、膝盖、及下巴是否被覆盖在层层多余脂肪之下？重现身影的机会来了。

凭着超声波能量的原理，LipoSelection®是个受FDA认证的分解和永久性脂肪去除程序。手术程序能在几乎不伤及周边组织的情况下进行，因此能达到最理想的康复及平滑效果。

医师先在抽脂部位开一个小切口并注入利多卡因和肾上腺素的混合盐水溶液以助于收缩血管和麻痹待治部位，接着再以细小套管传导超声波能量捣碎脂肪细胞。最后，以轻柔的按摩和/或受控制的抽吸法将已溶解的脂肪通过小切口吸出体外。

这种手法所造成的血管及神经损伤程度级微，因此疗程遗留下的瘀伤疼痛也极为微少。比起传统的去脂手术，恢复程度也较快、效果更佳。

完善的去脂手法，塑出完美傲人身材。选择LipoSelection®。

### 任何风险？

VASER® LipoSelection®手术已使用世界各地，相反的比起传统的LipoSuction，VASER® LipoSelection®是安全的。



## VASER® Hi Def™

*Been working out 7 days a week, but still no sign of those washboard abs?*

VASER® Hi Def™ (VHD) is an advanced body contouring technique performed with ultrasound-assisted lipoplasty technology. VHD is most suitable for physically fit individuals with good muscle tone without excessive amounts of fat or lax skin. By precisely removing superficial fat at the targeted areas, a more chiselled, sculptured look can be achieved to enhance definition to the underlying muscles.

The procedure is done by a highly experienced surgeon, with the help of ultrasound assisted lipoplasty. The lipoplasty instrument allows the surgeon to precisely liquefy specific fat layers while leaving the connective tissues intact. After the procedure, patients must wait about a month before returning to their exercise routine.

See your muscles in a whole new light with VASER® Hi Def™.

### WHAT ARE THE POSSIBLE COMPLICATIONS?

There is a slight risk of seroma with this procedure probably because it involves removal of the superficial fat. However, if it occurs it is easily treatable in the clinic and does not adversely affect the final result of the high definition procedure.

## Breast Filler

*A fuller appearance for fuller confidence.*

This minimally invasive procedure is a quick and safe way to enhance breasts by making them fuller and shapelier. The innovative technique utilises only needles to fill the breast with a CE-approved filler gel that is made of long-lasting, stabilised, elastic materials.

The treatment generally takes up 1-2 hours as the only tool used are needles, so the post-operative recovery period is shorter, and there is hardly any pain reported after operation. Patients may return home on the day of the operation, and may resume their daily activities the next day.

Don't risk your life for fuller breasts. Take the quicker, safer route with Breast Fillers.

### HOW LONG DOES THE FILLERS LAST?

It varies on individual and results on certain individual last up to 5 years.

## VelaShape™

*Because motherhood doesn't equate to having a shapeless body.*

VelaShape™ is a revolutionary technique that tones the body and reduces cellulite by harnessing on the effective combination of Bi-Polar Radiofrequency (RF), Infrared Light Energy, vacuum and mechanical massage. The treatment is capable of reducing cellulite and circumferential dimension by applying precise heat energy, incorporated with specially designed rollers, to shrink fat cells and smoothen out the uneven skin.

The procedure is virtually painless, and no downtime is involved. Most patients see significant result in cellulite and circumferential reduction

Shape up your body and your confidence with VelaShape™.

### IS THE TREATMENT ONLY SUITABLE FOR MOTHERS WITH POST-BABY CELLULITE PROBLEMS?

No. The beauty about VelaShape™ is, it caters to patients with cellulite concerns, whether you're a mother of two or a working adult in your twenties.





## Radio Frequency Slimming

*A warm touch to body contouring and deep tissue restoration.*

Radio Frequency works for your body too. Targeting problem areas, the high frequency long wavelength currents work to generate heat up to 42°C, stimulating collagen production in deep layers of the skin, reducing the appearance of cellulite and stretch marks. By restoring deep skin fibres, the treatment also achieves body contouring effects.

The procedure is painless and hardly has any side effects; you can even resume your daily activities right after treatment. For enhanced results, it is useful to repeat the sessions at the doctor's prescribed intervals.

Say goodbye to cellulite and stretch marks. Hello to firmer skin with Radio Frequency Slimming.

### CAN I USE MY USUAL BODY LOTIONS OR CREAMS AFTER TREATMENT?

Yes, you can apply your body lotions and creams as per normal.

## **Omnigraft™ Hair Transplant Eyebrow Hair Restoration Moustache, Beard Restoration**

*Starting to feel the breeze at the top of your head?*

Hair loss is a common problem in both men and women, particularly as regenerative cycles are slowed down with age.

Omnigraft™ uses a punch technique that extracts and vacuums tiny hairs with a small area of skin around it into a sterile catheter. The follicular hair units are then transplant with a slight pressure into the receiving area, which is usually at the top of the head or along a receding hair line.

The grafts are precise and the punctures (opening) made by the Omnigraft™ equipment are 1.2mm similarly, which results a very natural looking look and feel of the hair.

The same procedure may be applied to restore eyebrows, moustache and beard.

Restore your crowning glory with Hair Transplantation at NEUGLOW.

### **ARE THE RESULTS OF HAIR TRANSPLANTATION PERMANENT?**

The hair will retain its genetic characteristic even after relocation. It will grow and continue to grow for the rest of your life.

## Laser Hair Rejuvenation

*Stop hair loss before you lose all your hair.*

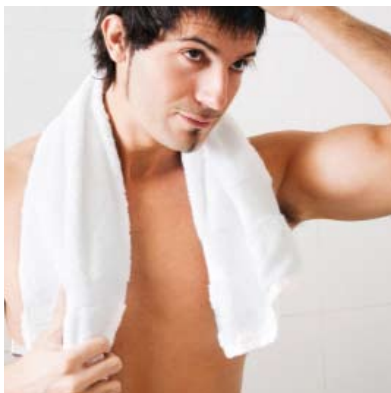
Laser Hair Rejuvenation is a non-invasive treatment which utilises laser light to induce dormant hair follicles into the growth phase. By stimulating growth and regeneration of cells and tissues, hair density increases and the progression of hair loss is halted in up to 85% of the cases treated. The scalp is also nourished due to the increased blood circulation.

This treatment is painless and effective on both males and female and there is no downtime involved.

Give those dormant hair follicles a wakeup call with Laser Hair Rejuvenation.

### DOES THE TREATMENT HAVE ANY SIDE EFFECTS?

The Laser Hair Rejuvenation treatment is clinically and scientifically proven for its remarkable results with no incidence of adverse side effects.



## Laser Hair Removal

*Hiding under long-sleeved shirts and long pants due to unsightly body hair?*

An almost painless procedure which permanently removes unsightly, unwanted hair from any part of the body. Powerful yet gentle laser energy is used to destroy hair follicles and roots. At NEUGLOW, different lasers are used on different hair and skin type to ensure efficient hair removal and safety for our patients.

Due to the cyclical growth phase of hair follicles, several treatments are required in order to properly remove all hair. Intervals between treatments are typically between 1 to 3 months, and the number of treatments required varies among individuals.

Discover a new form of freedom. Get flawless with Laser Hair Removal.

### CAN I GO SUN-TANNING AFTER TREATMENT?

Sun exposure should be avoided for the first several weeks after treatment.

## Answers to your questions?

I have had a dark brownish pimple scar on my face since I was a teenager. Is there any way to get rid of it in order to achieve an even skin tone?

Scarring or discolouration caused by acne also depends on whether there is still ongoing inflammation. We recommend skin rejuvenation (IPL, Lasers, Radio Frequency) as an adjunct to acne therapy if skin texture or tone is a problem. We have a variety of lasers and micro-dermabrasion to rejuvenate the skin.

I have dark eye rings which do not seem to be responding to the many products I have tried. How can I treat my dark eye rings?

Dark eye ring is a peculiarly difficult problem to treat. We do have a specially formulated dark eye circle lightening cream made for this purpose which is quite popular and effective to a certain extent. We do advocate rejuvenation of the pigmented area with laser and/or radiofrequency (RF) on a regular basis. Each session is about 20 minutes and recommended at 2 to 3 week intervals.

I have 4 black, flat moles on my cheeks. How can I get rid of them?

We generally use a carbon dioxide (CO<sub>2</sub>) laser to perform mole removal. There is a risk of recurrence depending on how much clearance can be done the first time around. The risks of mole removal are generally small and related to the healing process and the following may result:

- a) Hypertrophic scar
- b) Hypopigmented scar
- c) Hyperpigmented scar
- d) Pitted scar

The surgery takes about ten minutes per mole. No medication is necessary although the doctor may prescribe antibiotics in some cases. You are advised to stay away from the sun and swimming for one month after the surgery. The wound normally takes about 1-2 weeks to heal and consists of a scab that heals naturally.

I am interested in getting double eyelids. Can you explain how I can achieve double eyelids?

At NeuGlow, we perform double eyelid surgery via suture or open blepharoplasty. The first method does not require any skin cutting, thus the procedure is generally shorter and recovery is shorter (1 week). We will need to perform an assessment and consultation in order to determine the type of procedure suitable for you. If you have excess skin and fat within the upper eyelid, the second option might be more appropriate.

Complications and risks vary with the procedure taken, generally depending on the healing of the wound. The vast majority of these operations go perfectly well with excellent results. The risk of bad results in this surgery is quite rare. However, cases such as creases that do not form as planned, formed too low or too high, not deeply enough, or not symmetrical in both eyes, do occur. Any surgery has a risk of bleeding and infection, and scars may heal abnormally and be visible, though these are very rare in this surgery. There are other complications which are even less common. For some of these complications, a touch-up procedure might be necessary.

### What does IPL® for the face aim to do?

“IPL®” or Intense Pulsed Light therapy is a form of treatment for skin rejuvenation. It is commonly done for slowing down or reversing the effects of sun-damage on the skin. These include wrinkles, textural changes, dull colour tone, pigmentations like freckles and actinic keratoses, as well as accumulation of dead cells on the skin. The light is usually delivered in pulses and the harmful wavelengths of light are filtered off to allow light of a specific range of wavelengths to help stimulate and rejuvenated the skin. As a result, there is increased epithelial cell turnover, resulting in the fading of superficial pigments and reorganization of collagen.

### What causes the frown lines between the brows?

Vertical lines between the eyebrows appear when a person frowns and activates the two major muscles that control movement between the eyebrows. When these muscles contract, they draw the brows together, causing the skin to fold. Frown lines between the eyebrows can affect one’s overall facial appearance by creating a sad, angry or tired look.

### What causes wrinkles to form?

Age leaves its mark most significantly on our faces, manifesting as wrinkles, age spots, sagging and dullness. These effects are worsened by sun exposure, gravity, smoking, volume loss and various physiological changes. We often let our emotions get the better of us, and over the years, they leave trails on our faces in the form of wrinkles.

There are 2 kinds of wrinkles:

- 1) Dynamic wrinkles – only visible when we express ourselves through a smile, frown or cry, thus causing face muscles to contract (e.g. frown lines)
- 2) Static wrinkles – visible even when muscles are at rest (has to be treated with dermal fillers)

## NEUGLOW V.I.P Membership

### V.I.P CARD PRIVILEGES

#### Members Discounts

10% discount at all times for non-surgical procedures

10% discount at all times for NeuGlow products

#### Birthday Months

A total of 10% + 5% off all non-surgical procedures

A total of 15% off for NeuGlow products

#### On Card Collection

20% off for NeuGlow products only

#### Other Merchant Benefits

Refer to [www.neuglow.com](http://www.neuglow.com) for regular updates

### MERCHANT DISCOUNTS TO BE ENJOYED

NeuGlow Dental White Centre

Healthway Health Assessment Centre

Nobel Eye & Vision Centre

Healthway TCM Medical Clinic

Nobel ENT, Head, Neck & Thyroid Surgery Centre

And more...

### COLLECTION OF CARD AND WELCOME PACK

Card and welcome pack shall be collected within two months upon receiving notice from NeuGlow via email, call or sms.

### TERMS & CONDITIONS

1. Incomplete form will not be accepted. 2. Temporary card is only valid for three months from the date of issue. 3. V.I.P card must be presented at all participating outlets upon payment of services and products. 4. Assessment by doctor required and procedures will be carried out only if deemed suitable. 5. No discounts for surgical procedures, breast filler, hair transplant and fat grafting. 6. No further discounts applicable on V.I.P prices. 7. Lifetime membership. 8. All prices subjected to GST. 9. Management reserves the right to change the terms and conditions as it deems fit without prior notice.

Please speak to any NEUGLOW staff if you wish to learn more of the membership.



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